

Block 1 Secondary PE and Sport 2020/2021

	Pitch 1	Pitch 2	Sports hall 1	Sports hall 2	Outdoor Basketball Court	Fitness Suite	Swimming Pool	Tennis courts	Gymnastics Climbing Hall	Exam Hall
Monday										
AM 6-7:15	Open Boys Football (Coach Koon/Coach Tao) (Sports Hall)	Open Girls Football (Coach Koon/Coach Tao) (Sports Hall)	Boys Basketball- U13 Skills (Coach Andy)	Girls Basketball- U13 Skills (Coach Bo)		Community Gym	Community Swim	Tennis Squad Coach Oat, Coach Tai (Exam Hall)		
Lunch 12:30-1			U13/15 Badminton Boys (Coach Oum and Coach Toby)			Strength & Conditioning (Coach Ollie)				
PM (1) 3:20-4:20	U13/15 Boys Rugby *Varsity Off Season Rugby (Michael McFarlane/Andrew Jackson/Will Jones)	U13/15 Girls Touch Rugby *Varsity Off Season Touch Rugby (Kyle Fiddler and Coach Oum)					National, Performance, Development, Diamond (3:20-5:00pm) Coach Ollie, Coach Arm, Coach Oat (Fitness Suite)	U11 Primary (Fitness Suite)	Primary Indoor Rock Climbing (Coach Note)	Table Tennis Exam Hall (Martina Brady)
PM (2) 4:20-5:20			Varsity Boys Volleyball (Coach Richard)	Varsity Girls Volleyball (Rosina Hasell and Coach Oum)						
Tuesday										
AM 6-7:15						Community Gym	National, Performance, Development, Diamond Coach Ollie, Coach Arm, Coach oat (Fitness Suite)	Tennis Squad Coach Oat, Coach Tai (Exam Hall)		
Lunch 12:30-1			U13/15 Badminton Girls (Chloe McEwan)							
PM (1) 3:20-4:20			U13/15 Basketball Squads (Coach Andy, Coach Mike, Chloe McEwan and Coach Bo)				Triathlon, Run, Swim (Coach Arm and Coach Oum) Fitness Suite) Swim Fitness (Oat)	Tennis Squad Coach Oat, Coach Tai, Coach Toby (Exam Hall)	Gymnastics Primary(15:00pm-16:30pm) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
PM (2) 4:20-5:20	Varsity Boys Football (Mr Reilly/Mr Holt) (Sports Hall)	Varsity Girls Football (Coach Koon/Coach Tao) (Sports Hall)							Gymnastics Secondary(16:30pm-18:00pm) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
Wednesday										
AM 6-7:15	Cross Country/Running Club (6.30-7.15) (Chloe McEwan) (Sports Hall)					Community Gym	Community Swim	Tennis Squad Coach Oat, Coach Tai (Exam Hall)		
Lunch 12:30-1			Open Netball (Rosina Hasell)			Strength & Conditioning (Coach Ollie)				
PM (1) 3:20-4:20				Varsity Girls Netball (Rosina Hasell)			National, Performance, Development, Diamond (3:20-5:00pm) Platinum 3:00-4:30pm Coach Ollie, Coach Arm, Coach Oat (Fitness Suite)	U9 Primary (Exam Hall)		
PM (2) 4:20-5:20	U13/15 Boys Football (Coach Koon + Mr Reeves/Mr Cleary) (Sports Hall)	U13/15 Girls Football (Coach Tao and Coach Oum) (Staff)	Varsity Boys Basketball (Coach Andy, Coach Mike)	Varsity Girls Basketball (Coach Andy, Coach Mike)					Secondary Indoor Rock Climbing (Coach Note)	External Table Tennis Exam Hall (Expert Pingpong) (Coach Lee)
Thursday										
AM 6-7:15	Open Boys Football (Coach Koon/Coach Tao) (Sports Hall)	Open Girls Football (Coach Koon/Coach Tao) (Sports Hall)				Community Gym	National, Performance, Development, Diamond Coach Ollie, Coach Oat, Coach Arm (Fitness Suite)	Tennis Squad Coach Oat, Coach Tai (Exam Hall)		
Lunch 12:30-1			U13/15 Badminton Boys (Andrew Jackson)							
PM (1) 3:20-4:20	U13/15 Boys Rugby *Varsity Off Season Rugby (Michael McFarlane/Andrew Jackson) (Sports Hall)	U13/15 Girls Touch Rugby *Varsity Off Season Touch Rugby (Kyle Fiddler and Coach Oum) (Sports Hall)			Varsity Girls Netball (Rosina Hasell and Alexa Morris) (Sports Hall)		Land Training & Water Polo (Fitness Suite)	Tennis Squad Coach Oat, Coach Tai (Exam Hall)	Gymnastics Primary(15:00pm-16:30pm) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
PM (2) 4:20-5:20			Varsity Boys Volleyball (Coach Richard)	Varsity Girls Volleyball (Rosina Hasell and Coach Toby)					Gymnastics Secondary(16:30pm-18:00pm) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
Friday										
AM 6-7:15			Boys Basketball- U15/Varsity Skill Enhancement (Coach Andy and Coach Mike)	Girls Basketball- U15/Varsity Skills Enhancement (Coach Andy and Coach Mike)		Community Gym	Community Swim	Tennis Squad Coach Oat, Coach Tai (Exam Hall)		
Lunch 12:30-1			U13/15 Badminton Girls (Kyle Fiddler)			Strength & Conditioning (Coach Ollie)				
PM (1) 3:20-4:20	Varsity Boys Football (Mr Reilly/Mr Holt) (Sports Hall)	Varsity Girls Football (Coach Koon/Coach Tao) (Sports Hall)					National, Performance, Development, Diamond (3:20-5:00pm) Coach Ollie, Coach Arm, Coach Oat (Fitness Suite)	Tennis Squad Coach Oat, Coach Tai (Exam Hall)	Gymnastics Primary(15:00pm-16:30pm) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
PM (2) 4:20-5:20	Staff Football (Will Holt)		U13/15 Basketball Squads (Coach Andy, Coach Mike, Chloe McEwan and Coach Bo)			Staff WOD (Rosina Hasell)			Gymnastics Secondary(16:30pm-18:00pm) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
Saturday										
AM			U11/U13 Open Basketball Boys 11:00am - 01:00pm (Coach Andy, Coach Mike, Coach Bo)	U11/U13 Open Basketball Girls 11:00am - 01:00pm (Coach Andy, Coach Mike, Coach Bo)				Primary, U13, U15/Varisty 3 sessions Primary 8-9am U13 9-10.30am U15/Varsity 10.30-12.00pm Coach Oat, Coach Tai	Gymnastics Primary (10:00am -11:30am) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
PM			U15/Varsity Open Boys 2.00 pm - 4.00 pm (Coach Andy and Coach Mike)	U15/Varsity Open Girls 2.00 pm - 4.00 pm (Coach Andy and Coach Mike)					Gymnastics Secondary (11:30am-13:00pm) Coach Bas, Coach Pare, Coach Mew, Coach Ting	
Sunday										
AM			Open Volleyball Boys (Coach Richard) 10:00 am - 12:00 pm							
PM			Open Volleyball Girls (Coach Richard) 01:00 pm - 3.00 pm							